

LESSON FOUR

SPEAK OUT LOUD!

“My son, if you accept my words and store up my commands within you, turning your ear to wisdom and applying your heart to understanding, and if you CALL OUT for insight and CRY ALOUD for understanding, then you will understand the fear of the LORD and find knowledge of God.” Proverbs 2:1-5

“The Lord who delivered me from the paw of the lion and the paw of the bear will deliver me from the hand of this Philistine.”

1 Samuel 17:37

STAIN of the DAY...

When are you easily **DISCOURAGED?**

Definition corner!

DO YOU KNOW THE DEFINITION OF:

DISCOURAGE?

discourage|dih·skur·ij|

- to deprive of courage, confidence, hope, or spirit
- to try to prevent by expressing disapproval or raising objections

David and Goliath is the story of a small shepherd boy and a 9-foot giant! This story of BRAVERY is one we should NEVER forget. We ALL face “giants” of our own. For some it might be the dark. For others it might be going to a new school, making new friends, or just trying to fit in. David’s example of BRAVERY teaches us that no matter how “big” the giant is, we can defeat it through the power of God’s Word! Let’s meet David on his way into battle. Open your Bibles to 1 Samuel 17:17-51. (Your leaders will read 1 Samuel 17:4-11, then vs. 17-51.)

1. What did David’s brothers say to him? What names did they call him ? (vs. 28)
2. What was King Saul’s response to David ? (vs. 33)
3. How did Goliath try to humiliate David? (vs. 41-44)
4. What did David SAY in response to ALL these disapproving remarks? (look at vs. 26, 34-37, 45-47)
5. How has a discouraging comment stopped you from doing something? In what ways could you have been BRAVE to handle the situation? Can you share a situation?

STAIN REMOVAL TIPS!

• David heard one brother, one king, and one giant try to DISCOURAGE him from BRAVERY. But EVERY time, David broke the chains of discouragement with the HOPE AND POWER of God's Word!

When life gets hard, it is easy to give up and QUIT! It's A LOT harder to stay in the game, isn't it? David gives us a simple and powerful weapon to use when we face hard situations, and it's not a sling shot! David spoke God's Word OUT LOUD to his brothers, King Saul, and Goliath. In the following verses, David identifies that God has an army (vs. 26, 45), God is a Living God (vs. 26), and God will deliver the faithful (vs. 37, 46).

What if David had said, *"Oh no! I can't do this! Look at the size of Goliath! He is HUGE and will kill me for sure! I could embarrass my family, the king, and all of Israel!"* David would have been defeated if he thought these thoughts. Instead, David was ready to trust (Lesson One), ready to focus on God and not his circumstances (Lesson Two), and ready to step into obedience—no matter what (Lesson Three). He did not speak words of DISCOURAGEMENT and DEFEAT, He spoke words of PROMISE and HOPE. You can, too. Say it out LOUD so everyone can hear!

"Be strong and take heart, all you who HOPE in the Lord."

Psalm 31:24

ANTISEPTIC CLEANING AGENT of the DAY... HOPE

• trust, reliance • CONFIDENT EXPECTATION

DID YOU Know?...

DISCOURAGEMENT is a tough stain that tries to cover up the TRUTH! HOPE is a VERY POWERFUL cleaning agent that washes DISCOURAGEMENT away! HOPE is the confident EXPECTATION that God IS who He says He is. He will never leave you (Hebrews 13:5).

The next time you are in doubt, stop listening to discouragement and SPEAK promises of HOPE like David did—**OUT LOUD!**

RINSE CYCLE

SPEAK OUT IN HOPE!

"May the God of HOPE fill you with all joy and peace as you trust in HIM, so that you may overflow with HOPE by the power of the Holy Spirit."
Romans 15:13

"Clap your hands! Shout to God with joyful praise! For the LORD Most High is awesome. He is the great King of all the earth." Psalm 47:1-2 (NLT)

Lord, I can get easily discouraged —especially when someone expresses disapproval or if I fail at something. I pray to speak the words of Your HOPE and Your PROMISES when I feel defeated. Giants aren't nearly as big when I have YOU on my side. Help me to speak out loud and TRUST in You.

**Pray
brave**