



THOU ART EXALTED

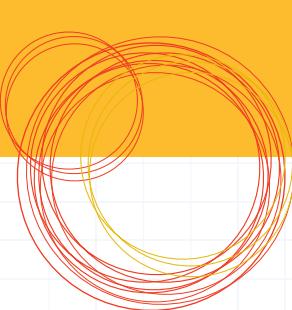
# brave

THE FIGHT AGAINST TOUGH STAINS IS OVER!

"BE STRONG AND BRAVE." 2 SAMUEL 2:7

Discover how God wants you to be BRAVE in a world that wants you to fit in!





# THOUARTEXALTED

Creating Art through God's Word  
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Brave

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Discover how God wants you to be BRAVE in a world that just wants you to fit in!



## Welcome to BRAVE—Where the Fight Against Tough Stains is Over!

**BRAVE** is about discovering how God wants you to be brave in today's world that just wants you to fit in.

**Have you ever wondered** what it would be like to fully trust GOD's plan for your life—to surrender your agenda and be strengthened by His? God's Word says to be strong and **brave**. What does this mean, and how do we follow God's direction when life gets hard? Welcome to BRAVE—a challenging Bible Study/Art Workshop that explores five stories in the Bible where men and women PROVE to be brave when answering God's call in their lives . . . even when circumstances get tough. We are so excited you have joined us!

## How to Use this Study

BRAVE looks at Shadrach, Meshach, and Abednego, Peter, Esther, David, and Jesus. The study takes on a **detergent** theme where each day identifies different **stains** in our lives such as peer pressure, distraction, control, discouragement, and being overwhelmed. Each session also identifies a cleaning agent or **ANTISEPTIC** for each stain that includes trusting in God's plan, focusing on Jesus, being obedient to His call, hope in the truth, and prayer. BRAVE ends with the promise that Jesus' death on the cross and His payment for our sin is the **perfect detergent** to wash the stain of sin away. Forever.

Begin by reading the Scripture references and title lesson. Continue by reading the **STAIN of the DAY** and the definition of each word at **DEFINITION CORNER**. Next, read down the left hand column and answer the questions. Skip to the right page and look at the **STAIN REMOVAL TIPS** followed by the opposite **ANTISEPTIC CLEANING AGENT**. The **DID YOU KNOW** section will sum up the lesson, but make sure you hit the **RINSE CYCLE** before you close. **Pray BRAVE** to close the lesson.

Our prayer is that you will grow personally with Christ in a creative way and learn to be **BRAVE**—especially when this world wants you to fit in. If you have any questions about BRAVE, a prayer request, or want to find out more about ThouArtExalted, please contact us at [www.thouartexalted.com](http://www.thouartexalted.com). It is only with a personal belief and commitment to Jesus that we learn **He is the only One who makes us “stain-free” and BRAVE!**

We are praying for you at TAE! With joy ~



Annie and the TAE team





## LESSON ONE

# FACING THE FURNACE

“Oh, the joys of those who TRUST in the LORD,  
who have no confidence in the proud,  
or in those who worship idols.”

Psalm 40:4 (NLT)

“I WILL BE WITH YOU when you pass through the waters,  
... they will not overwhelm you. You will not be scorched when  
you walk through the fire, and the flame will not burn you.”

Isaiah 43:2-3 (HSCB)

## STAIN of the DAY... PEER PRESSURE

### Definition corner!

DO YOU KNOW THE DEFINITION OF:  
**PEER PRESSURE?**

**peer pressure** |presh·r|

Social pressure by members of one's peer group to make a certain action, adopt certain values, or otherwise conform in order to be accepted

(Dictionary.com)

Today we will meet three very BRAVE men in the Bible. You may have heard about them before: Shadrach, Meshach, and Abednego. Their example of BRAVERY could be the HIT movie of the year! Picture this—as the fire gets hotter, so does King Nebuchadnezzar's temper. Yet, three men stand firm in their faith and stare into the face of death itself. Will they fall into peer pressure and submit to this mighty king's command to worship an IDOL? Or, will they hold on to the roots of their faith in God Almighty and, in the process, risk their very lives? Grab your popcorn, and let's take a look at Daniel 3:16-28. (Your leader will read Daniel 3:1-15 to set the stage.)

1. If you could choose a title for a movie about this story, what would it be?
2. Did Shadrach, Meshach, and Abednego BOW DOWN to the peer pressure of worshiping the gold statue or STAND FIRM and TRUST in God? What do you think made their faith so confident? (vs. 17, 18)

“Do not make idols of any kind . . . You must never worship or bow down to them, for I, the LORD your God, am a jealous God.” Exodus 20:4-5

3. What are things you feel peer pressure to “bow” down to in our culture?
4. Why do you think God allowed them to go through the fire? What lesson did they learn about trusting in God? What lesson can we learn from their BRAVERY?
5. Are you dealing with peer pressure right now? Read the definition for TRUST. How does God want you to put your confidence in Him and His promises?

# STAIN REMOVAL TIPS!

• Great Job! Did you know that BRAVERY begins with the choice to TRUST? Shadrach, Meshach, and Abednego chose to TRUST in God and BELIEVE He would save them—even if it meant walking into a FIERY FURNACE.

• Here are THREE things we can LEARN from their BRAVERY.

1. **Be ready for battle.** We need to have STRONG convictions about our faith BEFORE we “face the furnace” of difficult circumstances. Shad, Mendy, and Bendy did not BOW DOWN to this idol but STOOD FIRM and TRUSTED that God had a plan . . . a good one.

2. **Have STRONG friends** who will walk with us in life and share the same TRUST we have in God.

3. God sometimes allows us to go through the “fire” of hard situations. But, **God is TRUSTWORTHY!** He promises us that He is ALWAYS with us and will NEVER take us through a situation that we cannot handle (Psalm 73:23, 1 Corinthians 10:13).

“... whenever trouble comes your way, let it be an opportunity for joy, for when your faith is tested, your endurance has a chance to grow... you will be strong in character and ready for anything!” James 1:2-4 (NLT)

## ANTISEPTIC CLEANING AGENT of the DAY... TRUST

• FIRM belief in the reliability, TRUTH, ability or strength of someone or something/ NOTE: Relationships have to be built on TRUST

## DID YOU Know?...

DID you know that GOLD has to be put into the fire numerous times to get rid of all the stains? They even wash gold with DETERGENT to get it clean! God allows us to go through the “FIRE” to get rid of our impurities, too. God washes away our STAINS and CLEANSES us into the people He created us to be!

## RINSE CYCLE

“TRUST in the Lord with ALL your heart and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight.”  
Proverbs 3:5-6

Lord, please teach me to be READY when life gets HOT. Surround me with GOOD friends who care about me and love YOU! I pray that You would place a desire in me to KNOW Your Word and be PREPARED when the next challenge arises. Convict me when I place something in my life before You. I pray not to “bow down” to the things of this world but to STAND UP, be BRAVE, and TRUST in You!

Pray  
brave